

For more information, contact Paula Marie Jackson: 858.735.7653

By Paula Marie Jackson

# 29 Days

to “Love and Light’s” Success

“Love and Light” is the name I have given to a series of powerful affirmations that came to me from within, healed me of an illness that doctors had deemed incurable, and changed my life in more ways than I ever thought possible. I soon discovered that my recovery was only the beginning of the many miracles that were about to take place- not just for me, but for all who came in contact with these life-changing affirmations.

Like a chapter right out of the book “The Secret,” the Universe was invoked and the “Law of Attraction” took effect to turn “Love and Light” into a virtual Mecca of healing in just 29 Days. With perfect harmony and divine orchestration, the “Universal Mind” took my sincere desire to share this information with the world and paved before me the path which is sure to be my mission for the rest of my days.

I am now a true believer that, when what we request of the Universal Mind is aligned with our true, pure selves, seas can part and mountains can move. The genesis of the “Love and Light” project is living proof of this.

In just 29 short days, people who had been complete strangers beforehand came together in perfect harmony with one another- as if we had known each other all our lives. From this group, there emerged 5 of us that recognized the divine orchestration of this convergence of diverse individuals that the Universal Mind had brought together. The 5 of us forged an alliance dedicated to bringing the power of “Love and Light” to the rest of the world. We chose to call ourselves the Star Team, and we formed Love and Light From Within, Inc., a healing corporation that will include all media: Film, Television, Radio, Internet, Print, and Live Performances.

In only 29 days, the Star Team accomplished what, up until now, many may have considered impossible, especially in corporate America: without contracts, monetary compensation, a plan of action, or a time-line, the Star Team created a complete healing platform by each contributing their individual unique talents that created the prototype for revolutionary, visionary and, multi-dimensional healing modalities. This platform will consist of multi-lingual audio CDs, E-Books, Hard-Copy Books, DVDs, and Live Concerts- all utilizing the 139 affirmations that are the foundation of “Love and Light.”

I have come to learn through my personal experience of watching all of this unfold that words and thoughts *do* indeed have power, that the Law of Attraction *does* exist, and that the Universal Mind *is* listening. If our intentions are pure, and we align ourselves with our true nature, anything is possible.

*Therefore, the Star Team has set forth its intention on this...*

## What started out as a whisper from within will turn out to be a roar that will soon be heard around the world.

Our magnificent story of 29 Days began eight years ago when I was my first patient. The medical world diagnosed me with a terminal illness and gave me six months to live in March of 1999. Being that the medical community had given me a death sentence anyway, I chose to decline all conventional medical treatment. Instead, I chose to see if the healing tools my Mother taught me, as well as the metaphysical healing modalities I had studied would heal me. If so, I would serve as a witness with a story to tell. Even though I proceeded to lose my vision and hearing, suffered vertigo, seizure tremors and incontinence, I was determined to not only heal myself but to live even a larger life than I formally had, including skiing anywhere in the world I wished. And, as it was, I was blissfully skiing the Swiss Alps a year from the day of my diagnosis.

Two years later I was given a “miraculous healing” status from the same medical community and have been the subject of several published articles to that effect over the subsequent years. I attribute my healing to the combination of reciting the 139 affirmations that I received from within, continuous visualization of healing and constant gratitude to the “Universal Mind” for my perfect healing.

After seven years of enjoying my new found life I felt a responsibility and a calling to share these affirmations with the world. I originally visualized a book that people could read, feel the power of these words and heal and/or change their life in any way they wanted. Then, in December of last year 2006, after sharing my vision with my dear friend Julie, she felt and sensed that music compositions should accompany the book in the form of a music CD. She saw the two as one. Since neither of us had written nor published a book, or for that matter composed, recorded or produced a CD, we had no idea how this would come to be. After the intentions were set, the manifestations began. In 29 Days the “Universal Mind” and the “Law of Attraction” magnetically drew together the people, talent and resources to birth “Love and Light”...and, the rest is history

### In 29 Days:

Day 1 | St. Patrick's Day Saturday March 17, 2007:

I had an “inner knowing” that it was time for me to share my life purpose with the world and I left my consulting job the day before with a vision of creating a hard-copy book of the affirmations. On the same day after years of continual real estate opportunities, my dear friend, Julie Smith, tells me that her estate transformation career is on hold and that she loves what “Love and Light” stands for and will assist in any way possible. My team of one just grew to two and we became the founders of the “Star Team” that was being held by the “Universal Mind”.

On the same day Julie meets a music prodigy from Italy named Marco Missinato whose music embodies the words of “Love and Light’s” 139 affirmations and becomes the musical expression of “Love and Light”.

Day 3 | Monday, March 19, 2007:

I meet Marco Missinato and he hands me a CD of 10 tracks of his musical compositions that he had intuitively and professionally printed the name “Love and Light” on them. Without him reading one word of my affirmations and without my listening to one note of his music, we both knew that “Love and Light” had found the needed music expression and his music had found the needed words. On Day Three Marco Missinato becomes the third member of the “Star Team”.

Day 5 | Wednesday, March 21, 2007:

I met with a San Francisco based photographer that came reluctantly recommended by a dear friend who said that the odds were against my working with him due to his overwhelming schedule. Fortunately, the “Law of Attraction” knows no boundaries or limits. Originally my meeting with him was to request him to take a photograph for the book but later learned he runs his own graphic design firm. In less than 20 minutes he offered to create the entire concept, design and layout of the e-book and hard copy as a gift which gave birth to the divine vision of Love and Light and it’s graphic identity. On day Five, Troy Ziel becomes the fourth member of the “Star Team”.

Day 11 | Tuesday March 27, 2007:

Marco visits San Diego and tells me that he envisions a voice audio of “Love and Light’s” healing affirmations and sees the recording of my voice reading the 139 affirmations with his music as an underscore. The project has now grown from a hard-copy book to a hard-copy book with an accompanying CD, to an e-book and now an audio music CD as well, with spoken word.

Day 12 | March 28, 2007:

I fly to Middletown Ohio on a pre-planned trip to visit my parents. Part of the purpose of my trip was to meet a CEO near my parent’s home to discuss a medical consulting agreement. Even though I was now living on my savings, I realized that all I cared about was bringing healing modalities to the world and wanted to focus solely on “Love and Light”. Having set that intention, it is no coincidence that due to unforeseen circumstances the meeting was indefinitely postponed and I was happily back on track to continue my life purpose and mission.

Day 20 | April 5, 2007:

Julie and I drive to LA to record the spoken word audio that Marco envisioned. He had booked a recording studio for me to go in and record my voice-over the next morning. No matter what we did during our practice session, none of us were feeling complete. Instead of getting frustrated, I trusted in the “Law of Attraction” and left to take time out to pray. While I was away Marco called a friend and unbeknownst to any of us including his friend, Marco had already envisioned Filippo Voltaggio recording the affirmations. When I returned and listened to Filippo it was clear that “Love and Light’s” affirmations had found her voice.

Day 21 | April 6, 2007:

Filippo Voltaggio woke up reciting one of “Love and Light’s” healing affirmations as his own. If he needed any more confirmation that canceling his engagements for the day and going into the studio to record these affirmations was the right thing to do, this would have been it. And as a double confirmation, in less than one hour the power of the healing affirmations hit us all as they came to life. With the combination of the words, Filippo’s voice and Marco’s music we were all overwhelmed by emotion. Filippo spoke the healing affirmations in such a heavenly voice that not even he recognized it. On Day Twenty One Filippo Voltaggio becomes the fifth member of the “Star Team”.

Day 23 | Early Morning Easter April 8, 2007:

Julie and I drive home to San Diego with the best audio Easter present one could ever ask from the “Universal Mind” and further proof that “The Law of Attraction” works. I fly to San Francisco later that day carrying the proof to Troy and thanking my personal hero, Jesus Christ, a 100 times over.

Day 26 | April 11, 2007:

I arrive home to San Diego and Julie and I feel a knowing that my voice’s energy should be a part of the audio we recorded on Day 14 of 29 Days.

Day 29 | Saturday April 14 2007:

Four of the Five “Star Team” members meet at the sound studio as I record a short intro to “Love and Light’s” audio voice-over. As we listen to the completion of “Love and Light’s” audio, Troy calls and tells us that the visual version of “Love and Light” is complete for us to review. After sending us his visual proto-type via the internet without prior conversation or direction, we were all overwhelmingly delighted as Troy like the rest of the “Star Team” delivers a presence, service and product that only the ethereal realms can manifest thanks to the “Universal Mind”...

...The “Star Teams” proto-type for the world is finished in 29 DAYS!!!

Love and Light

Along with the “Star Team”, there are nearly 40 others who also were attracted in the embryo stages as part of the 29 Days to “Love and Light’s” Success. And with immense gratitude and acknowledgement, here stand the witnesses which include such powerhouses as an international recording artist, venture capitalists, an IPO executive, a US IT director, a coffee entrepreneur, Hollywood producers, a US camera company owner and wife, an interior designer, a German actor, a best selling author, business consultants, a CPA firm, a lovely grandmother and friend who just passed, photographers, and many other beautiful souls...

...and this is just the beginning.

In the next 29 days we expect this list to grow until we touch every country, government, school, corporation... and every soul in the world to help them remember what they already know.

Ashley Barrington-Mace | Gift of Opulence

Sam Borgese | Gift of Graceful Stability

Roberto DeGregorio | Gift of Playfulness

Gregory French | Gift of Knowing

Daryl Garcia | Gift of a Scholastic Acumen

Amir Efrat | Gift of Angelic Countenance

Henry G. Hauser | Gift of Being

Dawn Henkel | Gift of Emergent Suffering

Bitá Hoffman | Gift of Resiliency

Paula Marie Jackson | Gift of Manifestation

Tana Jackson | Gift of Persistence

Brian Landers | Gift of Sensitivity

Evie Lester | Gift of Abundance

Sean Lohman | Gift of Spontaneity

Daniel Mason | Gift of Dimensional Observer

Marion Meadows | Gift of Melodically Sequencing

Mary Ruth Miller | Gift of Wisdom

Marco Missinato | Gift of Harmony

Love and Light

Melanie Mentzel | Gift of Light

Otto Nemenz | Gift of Discernment

Monica Nemenz | Gift of View

Wendy Parker | Gift of Science

Melissa Parra | Gift of Innocence

Rosa Perdomo | Gift of Synthesis

Richard Russell | Gift of no space and time

Alex Roudi | Gift of Passion

Julie Smith | Gift of Casting Out

Hildegard Schwaiger | Gift of Healing (especially animals)

Cretora Tehan | Gift of Versatility

Folco Terzani | Gift of Peace

Filippo Voltaggio | Gift of Human Senses

Kelly Wagner | Gift of Humility

Brook Webb | Gift of Understanding

Darrese Webb | Gift of Balance

Axel Wedekind | Gift of Sensuality

Bill Wilson | Gift of Creation

Bill Wolb | Gift of Introspection

Calvin Zara | Gift of Pure Love

Troy Ziel | Gift of a Shape Shifter

Love and Light

For more information, contact Paula Marie Jackson: 858.735.7653